

September

Mon

Tue

Wed

Thu

Fri

1 Meatloaf, Mac & Cheese, Mixed Greens & Fruit,	2 Grilled Cheese, Corn, Tomato Soup & Fruit	3 Baked Chicken Strips, Seasoned Rice, Spinach Salad with Dressings & Fruit	4 Beef Fajita Taco with Cheese, Beans, Lettuce, Tomatoes & Salsa with Fruit	5 Hamburger, with Cheese, Oven Fries, Salad dressing & Fruit
8 Cobb Salad (Turkey, cheese, eggs, tomatoes, bacon, bits) Garlic Bread, Fruit	9 Tacos, Corn, Refried Beans, Salad, Dressing & Fruit	10 Fried Catfish, Hushpuppies, Green Beans, Coleslaw & Fruit	11 3oz grilled chicken sandwich, sauteed squash, chips & fruit	12 Pizza Lunch , Salad with Fruit and Birthday Cupcakes
15 Chicken Fried Steak & Gravy, Mashed Potatoes, Mixed Vegetables, Salad & Fruit	16 Chicken Wraps, Lettuce, Tomatoes, Spanish Rice, Yellow Squash, Salad & Fruit	17 Chicken Spaghetti, Broccoli, Tomato/Cucumber Salad, Fuit	18 BBQ Sausage, Cornbread Muffin, Baked Beans, Salad, Fruit.	19 Sloppy Joe Sandwiches, Mixed Vegetables, Salad, Dressing and Fruit.
22 Turkey & Cheese Sandwiches, Green Beans, Salad/ Dressing, & Fruit	23 Grilled Pork Chops Mixed Vegetables, Mashed Potatoes, Salad w/Dressing & Fruit	24 Pot Roast & Gravy, Dinner Rolls, Carrots, Potatoes Green Beans, Garden Salad w/ Dressing & Fruit	25 Grilled Chicken Dinner & Roll, Mixed Greens, Sweet Potatoes, Salad w/ Dressing & Fruit	26 Taco Salad, (meat, beans & cheese) Chips, Spanish Rice, Lettuce, Tomatoes, Dessing & Fruit.
29 NO MENU PROVIDED YET.	30 NO MENU PROVIDED YET.	29	30	31
